



Evaluating our Race

Based on Hebrews 12, the purpose of this questionnaire is to help us identify the races that we hope to run or are currently running this year and list out what may hinder us from attaining the prize from this race. You may have more than 1 race this year and in different areas of your life; the hope is that with this practical session, you can apply the outcome to your other races.

Name of Race you are running:

Any Distractions? (What breaks, diverts, blocks your focus)

Please list what they maybe

Any Weights? (Habits, Personality, Behaviour, Emotional baggage)

Please list what they maybe

Any Sin? (What God detests)

Please list what they maybe

What does the WORD of God say about the lists you have identified above?

Share, discuss and agree with God's WORD.